



AJRU Virtual Asian Championship 2022  
Elite Competition



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HONG KONG ROPE SKIPPING ASSOCIATION, CHINA | SINCE 1997

**AJRU Virtual Asian Championship 2022 Circular**

The AJRU Virtual Asian Championship 2022 authority is by Asian Jump Rope Union (AJRU) and is hosted by Hong Kong Rope Skipping Association, China (HKRSA). The competition’s rules are according to the International Jump Rope Union (IJRU) unless specified. As the first AJRU Asian Championship, the AJRU VAC 2022 will be a free of charge championship for all Asian athletes to participate!

**Part A: General Information**

1. Schedule of the Championship

2022	Items
Mid-June	- NGB registration opens
29 July	- NGB registration closes - Final registration due - Judge nominations due
19 September	- Video review application deadline (optional)
30 September	- Video submission deadline
8 October	- Judging starts
December	- Announce results



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## Part B: Enrolment Information

The AJRU Virtual Asian Championship 2022 includes the following separate age categories:

- **11 or younger** (Born in 2011 or after)
- **12 to 15** (Born in 2007 - 2010)
- **16 or older** (Born in 2004 or before)
- **30 or older** (Born in 1992 or before)
  - The 30 or older category is **only** available for master events

Events in the Master Competition are competed in Female and Male gender categories and include:

- Single Rope Speed Sprint
- Single Rope Speed Endurance
- Single Rope Triple Under\*
- Single Rope Individual Freestyle

\*This event is **only open** for the athletes **aged 16** or above to compete. The result of this event will not be included in the overall result.

Events in the Team Competition are competed in Female, Male and Mixed gender categories and include:

- Single Rope Speed Relay
- Single Rope Double Unders Relay
- Double Dutch Speed Sprint
- Single Rope Pair Freestyle
- Double Dutch Single Freestyle

### Note

- The entry limit for each event is **5 athletes/ teams** per NGB.

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## Part C: Application Procedure

In order to participate in AJRU Virtual Asian Championship 2022, you will need to register through your NGB. AJRU would not accept entries from individual athletes or clubs. All registrations must be through your NGB. Check out the [list of all Asia NGBs](#) to see if your country can participate. This championship will be through an online platform to register. (The link for the registration platform will be provided to each NGB soon)

## Part D: Video submission guidelines

- Check out our video recording and submission guidelines for all event submission camera setups and video requirements. These guidelines will help ensure that we can see athletes clearly and judge all submissions correctly.
- All athletes need to stand in front of the camera and show the AJRU 2022 VAC confirmation code to verify the submitted video.

### Video Requirement

In order to ensure the competition videos can be judged fairly and accurately, please follow the below video requirements and suggestions:

- **Requirement:** If all requirements are not complied with, the video may be rejected or not graded as well as it would if requirements were followed.
  - Film in landscape (wide) format, not vertically
  - The frame of the video should be fixed – moving, panning, and zooming during the recording is not allowed
  - Place the audio (music, timing track) source close to the camera so the audio is recorded clearly. For speed events, the timing track must be clearly audible throughout

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- Athletes who leave and re-enter the video will be disqualified. Any skill or step that occurs in the frame or hinders may not be judged; The entire movement and all competitors should be within the frame the whole time.
  - For speed, if the line of sight to the right foot is obstructed, some of these jumps may not be counted
- **Recommendations:** This is a suggestion for making the best videos and tips for making them easier to follow and perform well in video production. It will lead you to make a high-quality video by following the guideline in this document.
- 1080p or 720p resolution
  - Record in 50 frames per second (50 FPS), 60 frames per second (60 FPS), or higher
  - A tripod stand is recommended to keep the camera steady
  - If the sound is weak or distorted, it may affect the performance of athletes
  - Ensure you are recording audio and, if possible, avoid recording in a noisy environment.
  - Music shall be recorded in video and captured on the video for the use of the judges. Please test the recording and adjust it before recording. For speed items, timing traces should be captured in the record to record stop and stop markers.
  - Consider marking the floor with the edges of the camera frame so the athlete can avoid running out of the frame
  - Keep a small gap above, below, and to each side of the athlete(s).
  - When recording speed events, try to keep a clear angle to the right foot. It is harder to count when the left foot obstructs the right foot.
  - For recording speed items, keep your right foot at a clear angle when recording. When the left foot is in the way of the right, the calculation is more difficult.



- Have athletes avoid walking between the active jumper and the camera.
- **Video Verification:** At the beginning of the video, all the contestants had to stand still and face the camera for three seconds in order to be identified. During this period, they will also have to show a verification code to verify that the action was recorded after the video slot was open. All athletes must remain within the frame from the start to the end of the confirmed routine.
- **Video/audio editing after recording is not allowed**  
Any editing of the video (except at the beginning or end) is strictly prohibited. If it is determined that the submitted video has been edited, this will result in disqualification and the possibility of additional sanctions and disciplinary action under AJRU's code of conduct and ethics. Post-recording editing prohibitions include (but are not limited to):
  - Zooming in/out
  - Adjusting timing
  - Adding titles
  - Converting/re-encoding
  - Adjusting brightness, contracts
  - Adjust audio volume
  - Adding filters
  - Any other modifications other than cutting off the beginning/end of the video, even if this does not give the athlete an advantage
- **Video Review:** If you would like a review of a video because you are unsure if it meets the requirements, you can submit a Video Review Request. The deadline to submit these requests is 16/9/2022. (Video Review application form will be available soon)

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Note:

If a video does not follow the above requirements, it will be disqualified.

Please send a question to VAC support or submit your video early and use the Video Review Request form if you are unsure.

### Part E: Music Rights

For the AJRU Virtual Asian Championship 2022, athletes will not be required to purchase a music license in order to compete. Athletes are suggested to check out the following webinar hosted by IJRU regarding music rights issues (<https://ijru.sport/general-communication/2021/3/3/music-rights-webinar>).

All participants of AJRU Virtual Asian Championship 2022 will be required to sign a declaration form stating their competition video did not involve any infringement of music rights.

### Part F: Judge Nomination Requirement For AJRU Virtual Asian Championship 2022

- Each VAC participating NGBs will need to nominate 1 judge for every 10 master athletes, and 1 judge for every 2 teams.
- All judges must be certified IJRU level 3 judges.
- The number of entries for each NGB will be limited according to the number of their nominated judges.
- If the NGB cannot provide the required number of judges, it will be treated as waiving their right to participate in the VAC. Therefore, their athletes will not be able to participate in the VAC.

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## Part G: Results and Appeal

- Results will be announced in December 2022.
- In AJRU Virtual Asian Championship 2022, for each Master, Team event and All-around, certificates will be awarded to the top 3 athletes or teams.
- Certificates will be awarded to both winners with the same ranking. (First runner-up would not exist when there are two champions; second runner-up would not exist when there are two first runner-ups)
- In the case of a tie, where the number of athletes or teams ( $m$ ) have the same result ( $R$ ), which would result in the rank ( $n$ ), all those athletes or teams are awarded the same rank ( $n$ ). The next best result ( $R$ ) is ranked with rank plus the number of teams/athletes ( $n + m$ ).
- All results and judging process will be handled by the AJRU technical team and would bear all the responsibility. HKRSA only as the hosting organization.
- All certificates will be in e-version and sent to the corresponding NGB, the NGBs will be responsible for distributing the certificates to the participants of their country or region
- Award winners could choose to pay for entity medals. Details will be announced after the Results Announcement in December 2022.
- For any event that does not meet the minimum number of entries, the results of that particular event will be compared to other events in the same age division. The result of the cross-event comparison does not affect the original result within his/her own event.
- The overall result in Master events and All-around result in Team events will be calculated. No overall/ All-around result will be calculated if the athlete/ team is absent from either one of the events.
- Appeal procedure will follow to [IJRU Rulebook](#) (3.1 PROTESTS AND APPEALS)
- Appeal arrangements will be handled and responded to AJRU technical team.

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## Part H: Rules and Regulations

- Rules of IJRU Virtual Championships 2021 will be followed unless specified.  
(Please refer to the IJRU website for details - <https://ijru.sport>)
- Athletes shall follow all the rules, regulations and instructions of this competition developed by the organizing committee.

## Part I: Application Deadline and Enquiry

- Registration will close on 29th July and video submission will close on 30th September.
- For any enquiries, please contact the organizing committee by email ([vac2022@ajru.sport](mailto:vac2022@ajru.sport)).

**Last Updated: 6 June 2022**

**\*In case of any disputes, AJRU and the organizing committee of the AJRU Virtual Asian Championship 2022 reserve the right to make the final decision\***

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